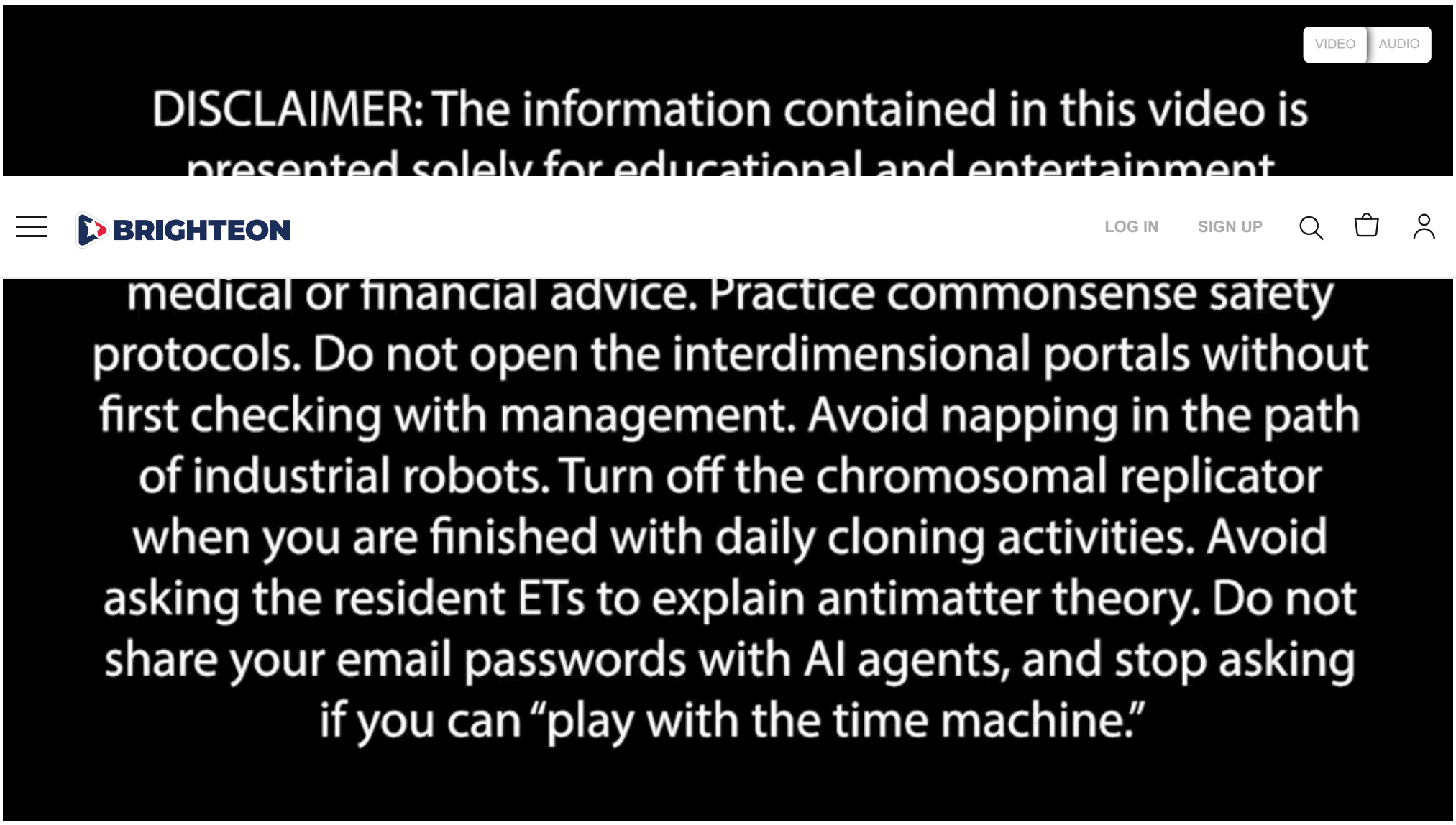

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Marie DeMasi
1 day ago

Hey Mike, I heard ARM & HAMMER Baking Soda is HIGH IN HEAVY METALS. We should be using ORGANIC BAKING SODA!

3 0

frank l jasse
2 days ago

TELL IS also about Borax

0 0

mark charts
2 days ago

I've been brushing my teeth with baking soda for ~10 years now. My Polish mother wised me up to that and many other simple cures.

0 0

William Holness
2 days ago

I buy Bob's Red Mill organic. If it is not organic do not take it internally. I have not found Arm & Hammer to make an organic version. I don't trust Arm & Hammer if they claim to. It is very important!! À & H has trace aluminum in it.

1 0

Margaret Garza
2 days ago

You can buy cheap 50 lb. bags of "goat" soda at a feed store. It's baking soda, but not as "pure" as baking soda you buy in a store for human consumption, and use it for cleaning purposes.

0 0

Ima Byrd
2 days ago

Heart burn or acid reflux is due to NOT having enough acid in your stomach. There is a little flapper valve over your stomach. If the acid levels fall below a certain threshold, it will open up and expose you to the acid. The real problem here being, you need to find out what is causing it, instead
See mo

0 0

Clifford Wynne
2 days ago

This very Good Article Now I have to make outline note book on how to use all this kind of stuff like, Chlorine Dioxide, Baking Soda, Coconut oil, vinegar, essential Oils. Colloidal Silver. And the teas and spices, Some of which that I use grow wild in Alaska.

1 0

mairen averyyarbrough
2 days ago

Great Article on Miracle baking soda

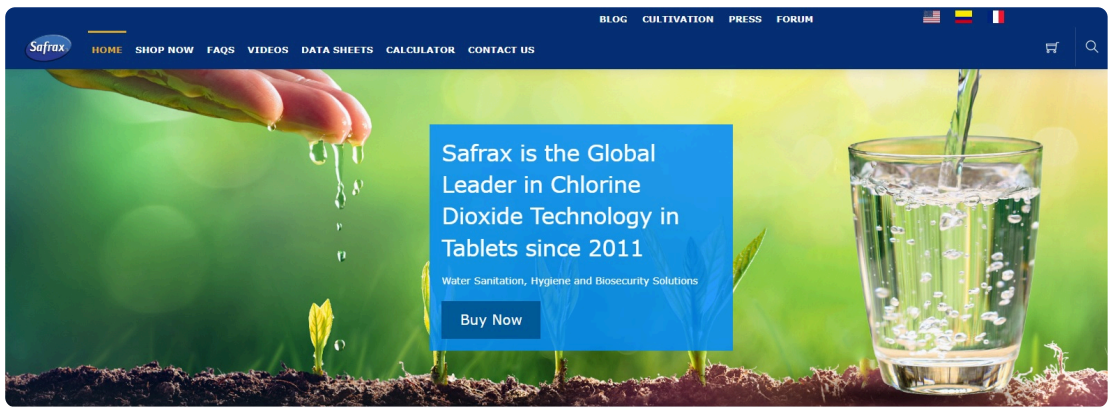
In my case stomach aches

Celiac disease, IBS, and healing colitis .. one flat teaspoon in water before bed. Helps flush out small and large intestines keeping pristine clean with cleaning bubbles :)).

1 0

Craig Mills
2 days ago

Also Chlorine Dioxide is a must have, I get mine from Safrax. https://safrax.com/



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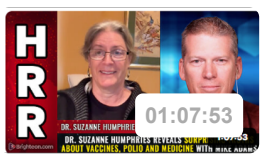

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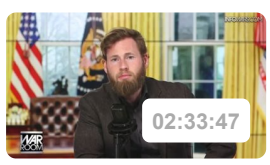

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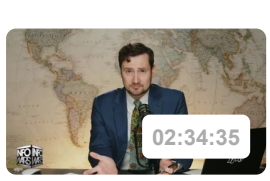

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